

This document lists the most common exclusion criteria for the 7 Clinical Pathways in the Pharmacy First service.

This is not an exhaustive list and is intended as a brief guide to highlight the most common exclusion criterion in each condition that can be treated under Pharmacy First via Patient Group Directions (PGDs). Community Pharmacies will follow the specific legal framework within each PGD associated with the 7 Clinical pathways. The full detail can be found in the service specification and PGDs [here](#)

The guidance below is based on the current PGD's version number 1.1 (except for Fusidic acid current version 1.0).

A supply of medication under a PGD will not be made, if any of the below apply and patient would be referred onward as per the clinical pathway.

UTI – Exclusions

- Cisgender men, non-binary people assigned male at birth, transgender women (including those who have had structural alteration to their urethra)
- Under 16 years old
- Over 64 years old
- Known hypersensitivity to nitrofurantoin or any of the components within the formulation
- Individuals already taking prophylactic antibiotics for UTI
- Recurrent UTI (2 episodes in last 6 months, 3 episodes in last 12 months) – requires urine culture
- Failed previous antibiotic for this episode of UTI
- Treatment for UTI with any antimicrobial in the past 3 months.
- Flank pain – Pain, tenderness in back under ribs
- Pregnant women
- Diabetic
- Catheter associated UTI

Shingles – Exclusions

- Under 18 years old
- Individuals, for whatever reason, where medication cannot be started within 72 hours or 7 days of rash onset, whichever is used to determine eligibility for treatment ([see criteria for inclusion](#))
- Shingles rash onset over 7 days ago
- Shingles affecting the head and neck
- Shingles affecting the eye(s)
- Pregnant women
- Immunosuppressed

Impetigo – Exclusions

- Under 1 year old
- Recurrent impetigo (defined as 2 or more episodes in the same year)
- Currently active underlying skin condition (e.g. currently uncontrolled episode of eczema (atopic dermatitis) or contact dermatitis, or current episode of scabies, chickenpox or eczema herpeticum)
- Any open wounds affecting the application area or the immediate vicinity
- Widespread (4 or more lesions/clusters present) non-bullous impetigo
- Failed previous oral antimicrobial treatment for this episode of impetigo
- Breastfeeding women over 16 years – Currently breastfeeding with impetigo lesion(s) on the breast(s)
- Immunosuppressed
- Bullous impetigo

infected insect bite(s) and sting(s) – Exclusions

- Under 1 year old
- Human bite or animal bite or scratch
- Insect bites caused by ticks
- Any other bite which is not an insect sting or bite
- Insect sting/bite in the mouth or throat, or around the eyes
- Failed previous antibiotic for this episode of infected insect bite or sting
- Any individual suspected of having a systemic reaction to an insect bite or sting i.e. angio-oedema or anaphylaxis or has had this previously
- Numbness or tingling of the affected area
- Severely immunosuppressed
- Bite or sting caused by an unusual or exotic insect

Acute sore throat – Exclusions

- Under 5 years old
- Current long-term use of phenoxymethylpenicillin (e.g. prophylaxis in asplenia etc.)
- Failed previous antibiotic for this episode of sore throat
- Recurrent sore throat/tonsillitis (7 or more significant episodes (with impact to individual and family) in the preceding 12 months or 5 or more episodes in each of the preceding two years, or 3 or more
- Previous tonsillectomy
- Post tonsillar or other throat surgery or procedure
- Suspected epiglottitis
- Scarlet fever, quinsy or glandular fever
- Immunosuppressed
- Persistent mouth ulcers
- Lump in the neck

Acute sinusitis – Exclusions

- Under 12 years old
- Failed previous intranasal steroid for this episode of sinusitis
- Symptom duration of less than 10 days
- Individuals with blurred vision or other visual disturbances
- Individuals with known or suspected glaucoma or raised intraocular pressure
- Individual with untreated localised infection involving the nasal mucosa, such as herpes simplex
- Individuals currently taking oral, inhaled, topical or parenteral corticosteroids for any indication
- Individuals who have experienced nasal trauma or undergone nasal surgery where full healing has not occurred
- Foreign body inserted into nasal passage
- Recurrent sinusitis (4 or more annual episodes of sinusitis without persistent symptoms in the intervening periods)
- Chronic sinusitis (sinusitis that causes symptoms that last for more than 12 weeks)
- Anatomic defect(s) causing nasal obstruction
- Co-morbidities complicating management such as nasal polyps
- Signs of meningitis
- Immunosuppressed

Acute otitis media – Exclusions

- Individuals under 1 year of age or over 17 years of age
- Known perforation (infectious or traumatic) of the tympanic membrane (i.e. perforated or “burst” eardrum) (including otorrhea, myringotomy, presence of a grommet or other ventilation tube) of the affected ear(s)
- Individuals with evidence of, or suspected, foreign body in the ear
- Individuals with recurrent infection – defined as three or more documented and separate acute otitis media episodes (with an absence of middle ear disease between episodes) in the preceding 6 months, or four or more episodes in the preceding 12 months with at least one episode in the past 6 months
- Current long-term use of amoxicillin (or amoxicillin containing preparation) (e.g. for prophylaxis)
- Failed previous antibiotic for this episode of acute otitis media
- Mastoiditis

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Urinary tract infection	Shingles	Impetigo	Infected insect bites	Acute sore throat	Acute sinusitis	Acute otitis media
A UTI is an infection in any part of the urinary system.	Shingles is an infection that causes a painful rash.	Impetigo is a common infection in the skin. It is contagious, which means it can be passed on by touching.	Insect bites and stings can become infected or cause a reaction.	Sore throat is a symptom resulting from inflammation of the upper respiratory tract.	Sinusitis is swelling of the sinuses, usually caused by an infection. The sinuses are small, empty spaces behind your cheekbones and forehead that connect to the inside of the nose.	An infection of the middle ear.
Inclusion: <ul style="list-style-type: none"> Female Aged between 16–64 Suspected lower UTI 	Inclusion: <ul style="list-style-type: none"> 18 years and over Suspected case of shingles Rash appeared within the last 72 hours or 7 days 	Inclusion: <ul style="list-style-type: none"> 1 year and over Sign and symptoms of impetigo Localised (4 or fewer lesions/clusters present) 	Inclusion: <ul style="list-style-type: none"> 1 year and over Infection that is present or worsening at least 48 hours after the initial bite(s) or sting(s) 	Inclusion: <ul style="list-style-type: none"> 5 years and over Suspected sore throat 	Inclusion: <ul style="list-style-type: none"> 12 years and over Suspected signs and symptoms of sinusitis Symptom duration of 10 days or more 	Inclusion: <ul style="list-style-type: none"> Aged between 1–17 Suspected signs and symptoms of acute otitis media
Exclusion: <ul style="list-style-type: none"> Male <16 or >64 Pregnant Breastfeeding Recurrent UTI (2 in last 6 months or 3 in last 12 months) Catheter 	Exclusion: <ul style="list-style-type: none"> < under the age of 18 Pregnant or suspected pregnancy Breastfeeding with shingle sores on the breasts 	Exclusion: <ul style="list-style-type: none"> < under 1 year of age Pregnancy or suspected pregnancy in individuals under 16 years of age Breastfeeding with impetigo lesion(s) present on the breast 	Exclusion: <ul style="list-style-type: none"> < under 1 year of age Pregnancy or suspected pregnancy in individuals under 16 years of age Systematically unwell 	Exclusion: <ul style="list-style-type: none"> Individuals under 5 years of age Pregnancy or suspected pregnancy in individuals under 16 years of age Recurrent sore throat/tonsillitis (7 or more significant episodes in the 	Exclusion: <ul style="list-style-type: none"> Individuals under 12 years of age Pregnancy or suspected pregnancy in individuals under 16 years of age Symptom duration of 	Exclusion: <ul style="list-style-type: none"> Individuals under 1 year of age or over 17 years of age Pregnancy or suspected pregnancy in individuals under 16



<ul style="list-style-type: none"> Type 1 or 2 Diabetic 	<ul style="list-style-type: none"> Shingles rash onset over 7 days ago 	<ul style="list-style-type: none"> Recurrent impetigo (2 or more episodes in the same year) Widespread lesions/clusters present Systematically unwell 	<ul style="list-style-type: none"> Bite or sting occurred while travelling outside the UK 	<p>preceding 12 months or 5+ in each of the preceding 2 years, or 3+ in the preceding 3 years)</p>	<p>less than 10 days</p> <ul style="list-style-type: none"> Recurrent sinusitis (4 or more annual episodes of sinusitis) 	<ul style="list-style-type: none"> Recurrent infection (3+ episodes in preceding 6 months, or 4+ episodes in the preceding 12 months with at least one episode in the past 6 months)
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Disclaimer: Please always refer to the updated version of the service specification and PGDs. This guidance has been produced by LPC after reviewing all the information available to us concerning pharmacy services. Every care has been taken in the completion of this reference guide – no responsibility can be accepted for any error or consequence of such an error