

Domestic Abuse Awareness Pharmacy Webinar

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Introduction

- Course Opening
- Confidentiality and Respect
- Timings
- Health Warning - (**Worth HUB- 0330 222 8181 / National Domestic Abuse Helpline 0808 2000 247**)
- Time and space to learn
- Trainer Introductions
- Introductions - Name, organisation, job title

Learning Outcomes



- Better identify domestic abuse and the impact that this has on individuals and families
- Understand the complexities of domestic abuse and the barriers that people may face in accessing help
- Asking the question and responding to disclosure
- Know where to access additional support and advice

The DA Act 2021 creates a statutory definition of domestic abuse based on the existing cross government definition.

'Abusive behaviour' is defined in the act as any of the following:

physical or sexual abuse
violent or threatening behaviour
controlling or coercive behaviour
economic abuse
psychological, emotional or other abuse

For the definition to apply, both parties must be aged 16 or over and 'personally connected'.



Domestic Abuse Definition 2021

<https://www.lawsociety.org.uk/topics/family-and-children/domestic-abuse-act-2021#definition-of-abuse>

UK Cross Government Definition (2015)



Controlling behaviour is: a range of acts designed to make a person subordinate and/or dependent by isolating them from sources of support, exploiting their resources and capacities for personal gain, depriving them of the means needed for independence, resistance and escape and regulating their everyday behaviour.

Coercive behaviour is: a continuing act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish, or frighten their victim.

- 2.3 million people aged 16 years and over (1.6 million women and 712,000 men) experienced domestic abuse in year ending March 2024.
- In the year ending March 2023, the victim was female in 73.5% of domestic abuse-related crimes.
- There were 100 domestic homicides in the year ending March 2023, Women were more likely to be killed by someone they knew than men, for example, of the 100 domestic homicide victims in the year ending March 2023, 70 were women

Domestic Abuse: A Gendered Crime

Domestic Abuse Quiz



1. Almost 1 in 4 women in England and Wales aged 16 plus will experience Domestic Abuse in her lifetime- True or False

2. On average, a woman is killed by a man in the UK every.... Days a) 3 b) 5 c) 7

3. When is a victim of Domestic Abuse at highest risk of homicide?

a) In the first 6 months of the relationship b) after 2 years of being together c) within the first year of separation?

4. What percentage of those fleeing Domestic Abuse end up sofa surfing?

a) 32% b) 12% c) 45%

5. What percentage of children living in households where domestic abuse is happening are also directly physically and/or sexually harmed

a) 62% b) 34% c) 85%

6) What percentage of 15-19yr olds have experienced intimate partner violence in their lifetime?

a) 10% b) 16% c) 25%

7) One in six people aged 60 and over experienced some form of abuse in the last year- True or False?

8) Victims of Honour Based Abuse experience abuse for; a) Much longer b) much shorter than those not identified as not at risk of HBA.

Key messages



- Approximately two women are killed every week and 30 men are killed every year in the UK as a result of Domestic Abuse
- Perpetrators are likely to be *repeat* perpetrators of abuse with a *history* of previous violence
- **The first year after separation** is the most **dangerous** time where most homicides occur
- There is **not enough suitable housing provision** for victims of domestic abuse

- Children are *significantly harmed* as a result of DA
- **Teenagers** are experiencing abuse in their relationships and **girls are disproportionately more at risk**
- Significant numbers of **older people** are reporting to be experiencing abuse
- **Victims of Honour Based Abuse** are at greater risk of serious harm or homicide



Barriers to Leaving





Types of Abuse

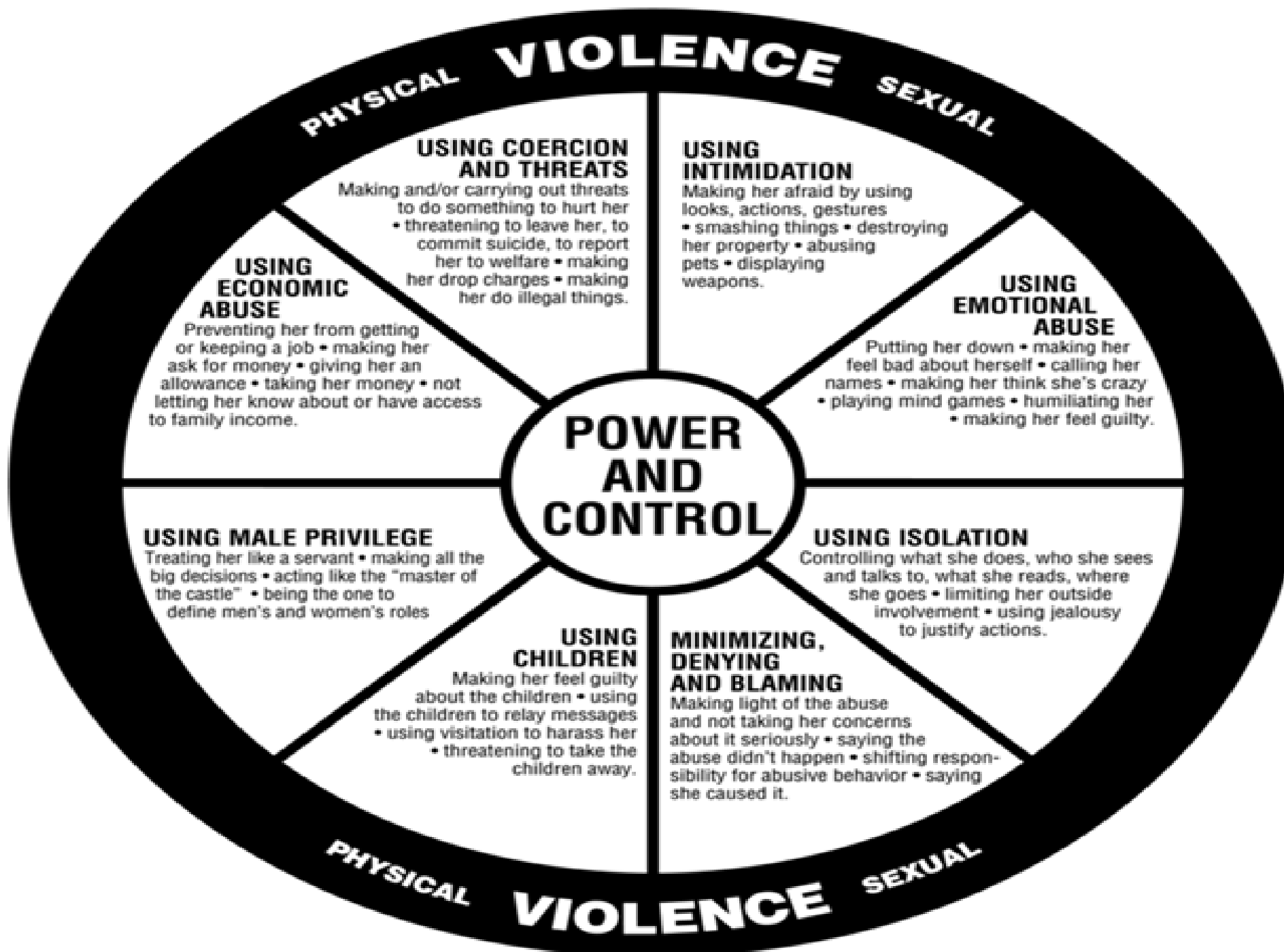
Physical

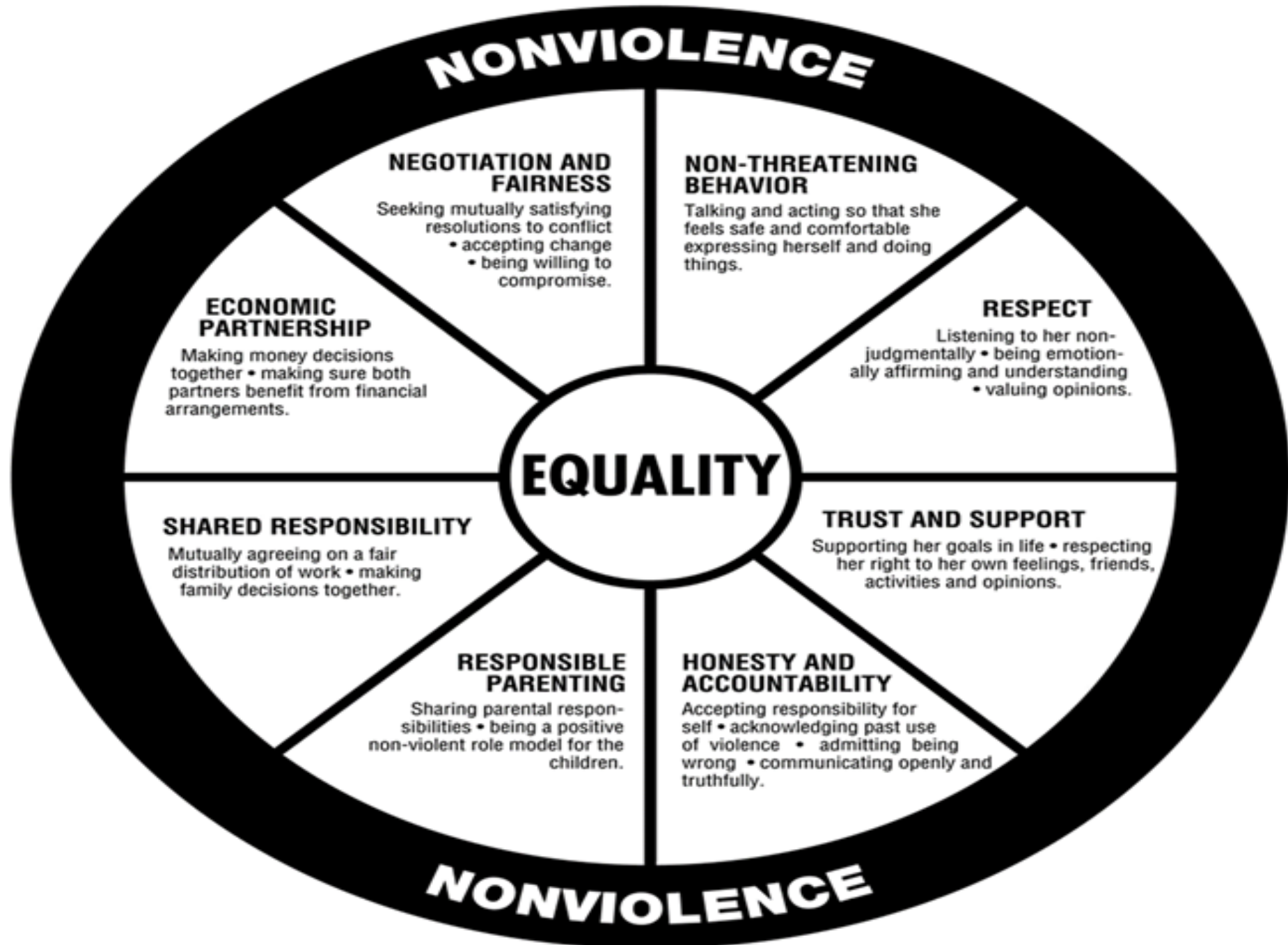
Sexual

Psychological/Emotional

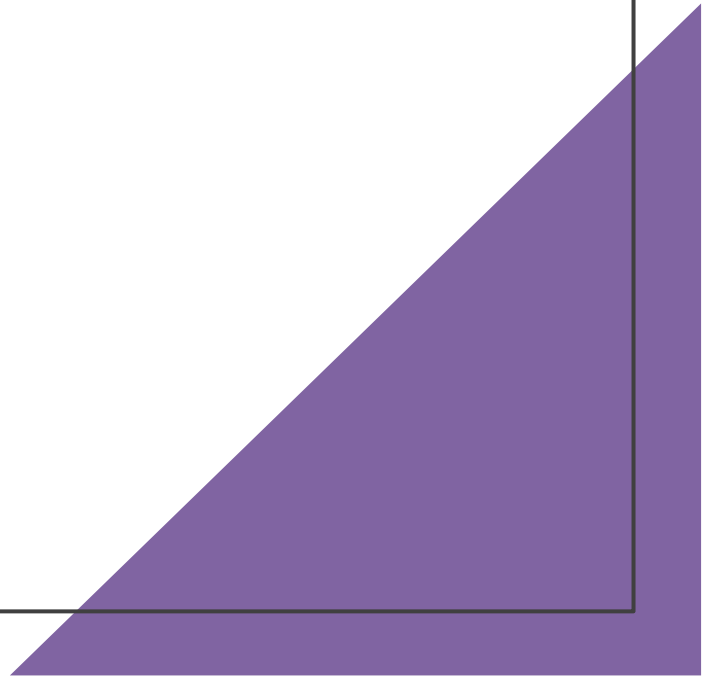
Economical/Financial

Technological/Digital





Identifying and Responding to Domestic Abuse



What to look out for...

Physical injuries, red marks, bruising, burns (may try to conceal)

Drug/alcohol misuse

Anxiety/depression-
difficult coping
generally

Low self esteem

Difficulty
communicating

Always with the
abuser- unable to
speak freely

Minimisation of
abuse

Lack of money to
purchase
medication

Asking the question-

Do you feel SAFE in your relationship?

Do you get on well with your partner?

What happens at home when you argue?

Local examples

- Where can pharmacies support victim-survivors in collaboration with services?
- Considerations when responding to disclosures – safety, safeguarding and onward support
- Not expected to be experts in domestic abuse – there is support and guidance available

Domestic Abuse Hub Integrated Front Door (IFD) -
Childrens Directorate

Domestic Abuse Practitioners (DAPS) Family
Safeguarding Team – Childrens Directorate

Independent Domestic and Sexual Violence Advisors
(IDVAS/ISVA/YPSVA) – Communities Directorate

Multi Agency Risk Assessment Conference (MARAC)
–Communities Directorate

Specialist Domestic Abuse Training – Communities
Directorate

WORTH Service Overview



Safety Planning

- Police
- Refuge/emergency accommodation
- Safety at home
- Safety of children and others
- Safety at work
- Safety in public
- Safety online
- Criminal/civil orders
- DVDS, MARAC

Multi Agency Risk Assessment Conference (MARAC)



"A victim identified at high risk of serious harm or homicide needs a coordinated, multi-agency response with all agencies sharing relevant information to develop an action plan that is comprehensive robust and addresses the risk to all parties"

- SafeLives

- Share information to increase the safety, health and wellbeing of victims, adults and their children;
- To determine whether a perpetrator poses a significant risk to any particular individual or to the general community;
- To jointly construct and implement a risk management plan that provides professional support and that reduces risk of harm;
- Reduce repeat victimisation;
- Improve agency accountability; and
- Improve support for staff involved in high risk domestic abuse cases.

Purpose of the MARAC

Local Support Services



WORTH Services

worth.idva.services@westsussex.gov.uk / 0330 222 8181

WORTH services offer specialist help, support and advice to those experiencing domestic abuse across West Sussex. Specially trained independent domestic violence advisors are available 9-5pm Monday- Friday.

Hersana CIC is a national Gender-Based Violence Support Service, with projects based in Crawley, covering East and West Sussex, for Black women and girls. HERSANA CIC, a not-for-profit organisation working to end violence against women and girls in all its forms whilst providing holistic support to Black femmes who have experienced any form of gender-based violence by providing counselling, (group) therapy, advocacy, outreach, training and workshops, and practical support services. They can be contacted **Monday-Friday 09:30-17:30 on 07376 293 487 or info@hersana.org**

Local Support Services

Paragon is part of the you trust and offers support and advise to victims with children and multiple complex needs who are not assessed as being at 'high risk' of harm. Paragon also offer direct support to children.

01403 229017

paragonsussex@theyoutrust.org.uk

Victim Support offers county-wide support to victims of crime including victims of domestic abuse that are not considered at 'high risk' of harm

B&hdass@victimsupport.org.uk

0330 323 9985

Local Support Services

- **Veritas** offer countywide support to victims of stalking <https://veritas-justice.co.uk/stalking>
- **My Sisters House** offer support with women who live in Littlehampton, Bognor and chichester and deliver a range of courses including DART
- <https://www.mysistershouse.info> General 1 — My Sisters' House (mysistershouse.info)
- **Safe in Sussex** deliver groups and have safe accommodation locally <https://www.safeinsussex.co.uk>

Local Support Services

- **Switchboard** is a charity based in Brighton that supports LGBT people across Sussex.
- <https://www.switchboard.org.uk/>
- **Hourglass** supports older people affected by domestic abuse.
- <https://wearehourglass.org/> / 0808 808 8141
- **Survivors Network** supports survivors of sexual abuse across Sussex
- <https://survivorsnetwork.org.uk/> / 01273 203380
- [Child To Parent Abuse | Capa First Response CIC](#)

West Sussex Safeguarding

Children's Services - Integrated Front Door (IFD)

01403 229 900

Emergency duty team (out of hours) 033 022 26664

<https://www.westsussex.gov.uk/education-children-and-families/keeping-children-safe/raise-a-concern-about-a-child/>

Adults Social Care – Adult Helpoint

Out of hours emergency- 033 022 27007

<https://www.westsussex.gov.uk/social-care-and-health/social-care-support/adults/raise-a-concern-about-an-adult/#how-to-raise-a-concern>

POLICE- 101 non emergency, 999, emergency

For further training in relation to safeguarding and procedures please access the Learning and Development Gateway;
<https://www.westsussexcpd.co.uk/cpd/default.asp>

National Support Services

- Men's Adviceline- <https://mensadviceline.org.uk>
- Respect- <https://www.respect.uk.net>
- Karma Nirvana- <https://karmanirvana.org.uk>
- Women's Aid- <https://www.womensaid.org.uk>
- Paladin- <https://paladinservice.co.uk>
- Galop- advice@galop.org.uk
- Rape Crisis- <https://rapecrisis.org.uk/get-help/want-to-talk>
- Revenge Porn Helpline- help@revengepornhelpline.org.uk
- Cyber/online support
- <https://www.thecyberhelpline.com/>

Resources

- <https://www.theduluthmodel.org/wheels/>
- <https://www.legislation.gov.uk/ukpga/2021/17/contents/enacted>
- <https://www.ageuk.org.uk/information-advice/work-learning/technology-internet/>
- <https://www.chayn.co/resources>
- <https://www.techsafety.org/technology-safety-quick-tips>
- <https://safelives.org.uk/tech-vs-abuse>
- <https://www.nhas.org.uk/professionals/advice-service>
- <https://ifas.org.uk/>
- <https://dewischoice.org.uk/information-and-advice/resources/>
- [Digital Breakup \(refugetechsafety.org\)](https://refugetechsafety.org/)

Feedback and Questions

<https://westsussexcpd.learningpool.com>

