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# Community Pharmacy Surrey & Sussex

Newsletter

25/06/2025

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts. Visit our Newsletter page for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

### **Quick Glance**

### In This Edition:

\* Approaching deadline: Nearly 50% of pharmacies still to submit Data Security Toolkit- Please ensure you have completed this

\* Pancreatic Enzyme Replacement Therapy (PERT) shortage guidance for community pharmacies

\* Support Alcohol Awareness Week - 7th to 13th July 2025

\* University of Brighton – Independent Prescribing Course

\* Introduction to ulcerative colitis (UC): overview, diagnosis & medical

management webinar Wednesday 9th July 2025 7-8pm

\* Ovarian Cancer – The Clue is at the Counter

\* Week 7 - Piece by Piece: Is Your Team Trained for Emergency Contraception? (Domain 1e)

\* Social Prescribing

# LPC News



### Approaching deadline: Nearly 50% of pharmacies still to submit Data Security Toolkit- Please ensure you have completed this

Pharmacy owners in Surrey and Sussex are urged to ensure they have completed their **Data Security and Protection Toolkit (DSPTK) 2025** by the fast-approaching deadline of **Monday 30th June 2025**.

With news that nearly half of pharmacy owners are yet to complete their 2025 Toolkit ahead of the imminent deadline, CPSS strongly encourages local pharmacy owners to make a start on this critical task today. This will help you avoid lastminute pressure and ensure your pharmacy remains compliant with NHS Terms of Service.

So please act now.

#### Support at your fingertips

Make use of Community Pharmacy England's series of helpful tools to make the process easier:

Start by reading the two-page overview <u>Five steps to completing the</u>
<u>Toolkit</u> which gives step-by-step instructions and explains how to use the other materials.

- The **Question-by-question guide** will take you through each mandatory question.
- If you have three or more pharmacies, then see the <u>Batch submission</u> guide.
- Plus there's the <u>On-demand webinar</u> from earlier this year, featuring experts from Community Pharmacy England and the NHS DSPTK team talking through the topic and its new elements (such as Multi-Factor Authentication).

Further information: Community Pharmacy England update.

# **Pancreatic Enzyme Replacement Therapy**

# Pancreatic Enzyme Replacement Therapy (PERT) shortage guidance for community pharmacies

Please ensure your pharmacy teams are aware of the ICB process to obtain stock of PERT when you are unable to obtain this from your normal suppliers.

Specific local guidance is available on the current Pancreatic Enzyme Replacement Therapy shortage. Please see <u>here</u> for community pharmacy guidance on the PERT shortage this includes instruction on how to order from Oxford Health Supplies.

### **Local Services**



#### Support Alcohol Awareness Week - 7th to 13th July 2025.

In West Sussex, an estimated 125,000 people consume alcohol above national weekly guidelines, with around 8,100 likely dependent\*. Alcohol can impact health in many ways, from headaches and sleepless nights to increased anxiety, depression, and reduced productivity. This year, Alcohol Change UK highlights how work-related stress and longer hours can lead to increased alcohol use as a coping mechanism, which may worsen mental health and lead to chronic illnesses.

Community pharmacies are encouraged to participate in this event by visiting <u>Alcohol Change UK</u> for printable resources like posters and factsheets and ordering alcohol harm-related resources from the West Sussex <u>Health Promotion</u> <u>Resource Service</u>. This week also offers a valuable opportunity to initiate conversations about alcohol use, screen opportunistically during routine interactions, and signpost individuals to local support services.

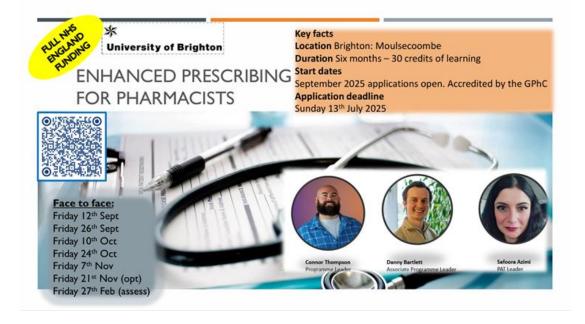
- The West Sussex Alcohol Wellbeing Services are free, confidential, and designed to support people in reducing alcohol consumption and moving towards a healthier lifestyle. Visit <u>www.westsussexwellbeing.org.uk</u>.
- DrinkCoach provides a helpful online test to help people understand the impact of their drinking on their wellbeing, along with free online coaching for those wishing to reduce consumption. Visit <u>www.drinkcoach.org.uk</u>.

 The CGL Drug and Alcohol Wellbeing Network (DAWN) is a free service offering professional support to West Sussex residents of all ages affected by drugs and alcohol, ranging from advice and counselling to information on detoxing and rehabilitation. Visit <u>Drug & Alcohol Wellbeing Network - West</u> <u>Sussex | Change Grow Live</u> or call 0330 128 1113.

\*West Sussex County Council (2023) Alcohol Consumption & Estimated Need: HEA Series. Available at <u>West Sussex Alcohol Health Equity Audit Series - West Sussex</u> <u>JSNA Website</u>.

## Training

#### **University of Brighton – Independent Prescribing Course**





# Introduction to ulcerative colitis (UC): overview, diagnosis & medical management webinar Wednesday 9th July 2025 7-8pm

Join Elena, a Medical Science Liaison for this informative session, presented as nonpromotional Education by Ferring Pharmaceuticals, which will delve into the understanding of mild to moderate UC, covering key areas such as disease clinical features, treatment pathway and current medical management strategies with a focus on mesalazines.

Time and date: Wednesday 9th July 2025 7-8pm. Click here to sign up.



#### **Ovarian Cancer – The Clue is at the Counter**

Early detection of Ovarian Cancer saves lives and with community pharmacies on the front line, small conversations can make a life changing difference. Together, we can spot the signs, raise awareness, and offer hope.

Kaly Mohammed, Clinical Pharmacist in partnership with Target Ovarian Cancer and Community Pharmacy Surrey and Sussex has produced an education session on the importance of the role of community pharmacists on the front line in spotting the early warning signs of Ovarian Cancer and the role pharmacists can play in saving lives. You can watch the education session <u>here</u>. Slides for the education session can be found <u>here</u>.

To access the resources to support you and your patients, and to find out more about ovarian cancer, including further learning education modules, visit: <u>https://targetovariancancer.org.uk/health-professionals</u>

Join Target Ovarian Cancer's Early Diagnosis Network to keep up to date with all things ovarian cancer here: <u>https://targetovariancancer.org.uk/health-</u>professionals/early-diagnosis-network.

### PQS



### Week 7 - Piece by Piece: Is Your Team Trained for Emergency Contraception? (Domain 1e)

To support the quality of Pharmacy Contraception Service consultations following the expansion of the service to include Emergency Contraception, by the end of 31st March 2026, all pharmacists and any pharmacy technicians intending to provide the Pharmacy Contraception Service working at the pharmacy on the day of the declaration, must have satisfactorily completed, within the last 3 years (between 1st April 2023 and end of 31st March 2026), the CPPE online training **and** passed the e-assessment.

Please ensure you complete **both** the training as well as the assessment. You can

use the training tracker we sent in Week 2 (<u>here</u>) to monitor completions and retain certificates.

### Newsletters

To read the latest edition of the NHSE Primary Care Bulletin click <u>here</u>.



## Additionally you may be interested in.....

#### **Social Prescribing**

Social prescribing is a holistic person-centred way of supporting patients in a nonpharmacological aspect, it takes into consideration social, economic, lifestyle factors to help people to access wellbeing support. Community pharmacy has a role to play by understanding what social prescribers provide so you could signpost to your local organisation.

This short video explains the role of social prescribing and offers a useful explanation and may be helpful to share with your pharmacy colleagues. <u>What is Social</u>

#### Prescribing?



#### **Community Pharmacy Surrey & Sussex**

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