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Newsletter

23/01/2025

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our Newsletter page for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

## Quick Glance

### In This Edition:

- \* Don't miss out, last few spaces available! CPPE and CPSS - NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception workshop (pharmacists only).
- \* University College London MPharm Careers Fair
- \* Brighton and Hove Healthy Living Pharmacies
- \* Virtual Non-Medical Prescriber Study Day, Monday 27th January 8:30am-5:00pm
- \* Trauma Informed Practice Webinar Tuesday 28th January 7-8pm
- \* Sussex - Change Grow Live (CGL) CORE MAT Progress Meeting – Wednesday 29th January 7-8pm
- \* Violence Against Women and Girls (VAWG) training webinar Tuesday 18th February 7pm-9pm
- \* Invitation to TPs and PTPTs working in Community Pharmacy Across Surrey Heartlands to attend a Surrey Heartlands ICB Medicines Optimisation Team Insight Week Monday 19 May – Friday 23 May 2025
- \* Incubator for Pharmacy Professionals, an NIHR-supported initiative

\* Minor Illness Pathway Finder Product exclusively available to Pharmacy Independent Prescribers

## LPC News



**Don't miss out, last few spaces available! CPPE and CPSS - NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception workshop (pharmacists only).**

Together with CPPE we are running the NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception workshop. There are two different dates available if you would like to attend the course.

**Sunday 9th February 2025**, the course runs from 9.30am to 11.30am at the **Sandman hotel (Gatwick), Tinsley Lane South, Three Bridges, Crawley, RH10 8XH**. Tea and coffee will be available from 9am, please arrive in time to allow registration before the 9.30am start time. Sign up here. [09/02/25](#)

**Thursday 13th February 2025**, the course runs from 7.15pm to 9.15pm at the **Silvermere Golf Club, Redhill Road Cobham KT11 1EF**. Hot food will be available

from 6.30pm, please arrive in time to allow registration before the 7.15pm start time. Sign up here. [13/02/25](#)

### **Pre-workshop activities**

The pre-workshop preparation for this event will be sent to you on registering for the event. To ensure that you gain the most from the workshop, please complete these activities in advance, which should take around three hours, depending on your prior knowledge and the self-assessment you will undertake as part of this task. You will receive a printed copy of the workshop book at the event. If you have any queries about the event, please email us at [lpc@communitypharmacyss.co.uk](mailto:lpc@communitypharmacyss.co.uk).

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### **University College London MPharm Careers Fair**

It was great to join Alice Conway, Pharmacy Transformation Lead NHS Sussex and Anas, University Hospital Sussex Trainee Pharmacist at the University College London MPharm Careers fair on Monday 20th January! Representing community pharmacy and Sussex we were able to highlight the importance of a career in community pharmacy and the shift to more clinical working. With the third-year students almost at the height of their knowledge, it was fun to challenge them on their decision making with the Pharmacy First clinical pathways highlighting the

confidence, clinical knowledge and communication skills needed to undertake a successful consultation. This certainly had them racking their brains!

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## Local Services



### **Brighton and Hove Healthy Living Pharmacies**

Brighton and Hove Public Health would like to introduce the second B&H health promotion campaign of 2024-25.

They would like commissioned HLP's to promote awareness of kidney cancer by displaying the materials they will send you and signposting people to further support if prompted. The health promotion materials are being finalised, and they will update you with a list next week before they are delivered.

The sooner kidney cancer is detected, the easier it is to treat. With most cancers there, is no direct cause and kidney cancer is no exception. Both genetic and lifestyle factors can increase the risk for kidney cancer. The definition of kidney cancer includes cancers of the renal parenchyma (90%), the renal pelvis (5%) and the ureter (5%). Further information is available on the [KCUK](#) site.

Community pharmacies that participated in the Ovarian Cancer campaign in September 2024 and in this upcoming campaign are eligible for £100 payment claimable through PharmOutcomes.

Many thanks for your support with this important campaign.

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## Training



### **Virtual Non-Medical Prescriber Study Day, Monday 27th January**

**8:30am-5:00pm**

This one-day event is designed for Independent Prescribers, Non-Medical Prescribing (NMP) Leads, NMP mentors/supervisors and anyone about to start their prescribing course or their managers. The information shared will help practitioners develop and maintain a safe and effective prescribing practice.

For more information click [here](#).

To sign up to the event click [here](#).



## **Trauma Informed Practice Webinar Tuesday 28th January 7-8pm**

This one-hour training session will provide pharmacy colleagues with the fundamentals of Trauma-Informed Practice and how to apply it in a community pharmacy setting. Trauma-informed practice acknowledges the need to see beyond an individual's presenting behaviours and to ask, 'What does this person need?' rather than 'What is wrong with this person?'.

The session will explore the following topics:

- What is Trauma-Informed Practice?
- Why is it important for Community Pharmacy to be Trauma-Informed?
- Key principles of Trauma-Informed Practice
- Applying Trauma-Informed Practice in Community Pharmacy
- Evidence for Implementing Trauma-Informed Practice in Healthcare in the UK
- Promoting Trauma-Informed Practice in your Pharmacy
- Vicarious Trauma in Healthcare
- Trauma-Informed Practice Resources

Please [click here](#) to sign up.



**Sussex - Change Grow Live (CGL) CORE MAT Progress Meeting –  
Wednesday 29th January 7-8pm**

Change Grow Live will be undertaking a CORE MAT Service progress meeting.

The short meeting will provide an update on how the service is being taken up across East and West Sussex. CGL will review the individual components of the service, provide advice and support with any questions you may have.

Please sign up [here](#).

We look forward to seeing you.

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## **Violence Against Women and Girls (VAWG) training webinar Tuesday 18th February 7pm-9pm**

This Violence Against Women and Girls (VAWG) training is designed specifically for the Community Pharmacy setting, addressing the unique role that pharmacy professionals play in identifying and supporting victims of abuse.

The session aims to build a comprehensive understanding of VAWG, emphasising the broader societal issues that perpetuate violence, such as sexism, misogyny, and patriarchy. Through tailored case studies, participants will explore scenarios relevant to their daily work environment, equipping them with the skills to recognise and respond effectively to signs of abuse, harm or violence against women or girls.

The training will delve into the systemic nature of gender inequality highlighting how male entitlement and societal structures contribute to VAWG. By understanding the wider context, pharmacy staff can see the bigger picture—how

these forms of violence are both a cause and a consequence of entrenched gender biases—and how their involvement can have a far-reaching impact on society.

Additionally, participants will learn how to adopt anti-victim blaming practices, ensuring that victims feel believed and supported in their interactions with pharmacy professionals. Through this training, pharmacy teams will be empowered to continue making a real difference, offering compassionate, informed care in their community.

This can be documented as CPD for GPhC revalidation

Please sign up [here](#).

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## Newsletters

To read the latest edition of the NHSE Primary Care Bulletin click [here](#).



Additionally you may be interested in.....



**Invitation to TPs and PTPTs working in Community Pharmacy Across  
Surrey Heartlands to attend a Surrey Heartlands ICB Medicines  
Optimisation Team Insight Week Monday 19 May – Friday 23 May  
2025**



Last year the ICB held their first Surrey Heartlands ICB Medicines Optimisation Team Insight Week for trainee pharmacists (TPs) and trainee technicians (PTPTs) from all the acute trusts across Surrey. Following its success, they are planning to run another Insight Week next year **from Monday 19 May 2025 – Friday 23 May 2025** and are very pleased to be able to extend this **offer to TPs and PTPTs working in community pharmacy across Surrey Heartlands**.

We are proposing a single venue for all the trainees to meet, and for the training to be delivered face to face at this venue. **Our proposed venue is Horizon House in Epsom which would accommodate all trainees:**

Horizon House  
28 Upper High Street  
Epsom  
Surrey  
KT17 4QJ

**Map** [KT17 4QJ - Google Maps](#)

Horizon House is 10-minute walk from Epsom station which is well served by trains from London Waterloo, London Victoria, Dorking, Guildford, and Horsham stations. Epsom also has several car parks within a 5-minute walk. Each day would not start until 09:30/10:00 to allow the trainees sufficient time to travel.

**If interested, please contact [sarahflack@nhs.net](mailto:sarahflack@nhs.net) to confirm the number of TPs and/or PTPTs who would like to attend so that we can manage capacity at the venue.**

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### **Incubator for Pharmacy Professionals, an NIHR-supported initiative**

Despite its critical role as a pillar of professional practice, research remains an underrepresented area for pharmacy professionals. To support this, they are excited to announce the launch of **a nationwide survey** to gather insights on the challenges pharmacy professionals face when engaging in research and potential solutions. The survey is based on insights from our focus groups last year, which we are currently in the process of formally writing up.

**It is open to all UK-registered pharmacists and pharmacy technicians.** No research experience is needed to participate in the survey, and we want to ensure we reach everyone. **The survey will take approximately 15 minutes to complete and will close on the 17th February 2025.** [Link here](https://pharmacyresearchprofessionals.org.uk/)

Thank you for your time and support. To learn more about our work, visit us at <https://pharmacyresearchprofessionals.org.uk/>.

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### **Minor Illness Pathway Finder Product exclusively available to Pharmacy Independent Prescribers**

DemDx have launched their Minor Illness Pathway Finder product aimed at helping Independent Prescribers with Minor Illness Pathways. Note there is a charge for use of this product.

There are two demonstrations scheduled for next week:

[Demo Minor Illness product Tuesday 28th Jan 7.30pm \(30min\)](#)

[2nd Demo Minor Illness product Thursday 30h Jan 7.30pm \(30min\)](#)

For more information click [here](#).

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