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Newsletter

02/01/2025

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our Newsletter page for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

Quick Glance In This Edition:

- * CPPE and CPSS - NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception workshop
- * Reminder – Sussex Community Pharmacy Locally Commissioned Service (LCS) for Supply of Oral Antiviral Medication for the Treatment of COVID-19 and Management of Influenza.
- * East Sussex Stop Smoking Service
- * Sussex Change Grow Live CORE MAT Progress Meeting – Wednesday 29th January 2025 7-8pm
- * Trauma Informed Practice Webinar Tuesday 28th January 7-8pm
- * Overdose Awareness & Naloxone, Nyxoid Training January to March 2025 dates available
- * Surrey NHS Healthchecks - A MECC approach to smoking - free training –

various dates

* South Downs Health and Care (SDHC) Webinar On Diagnosing Kidney Cancer Earlier in Sussex 24th January

* Sexual Health and Contraception Needs Assessment – Survey Now Live

LPC News



CPPE and CPSS - NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception workshop

Together with CPPE we are running the NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception workshop. This is to support ongoing delivery of the service. There are two dates available.

Sunday 9th February 2025, the course runs from 9.30am to 11.30am at the Sandman hotel (Gatwick), Tinsley Lane South, Three Bridges, Crawley, RH10 8XH. Tea and coffee will be available from 9am, please arrive in time to allow registration before the 9.30am start time. Sign up here [09/02/25](#).

Thursday 13th February 2025, the course runs from 7.15pm to 9.15pm at the Silvermere Golf Club, Redhill Road Cobham KT11 1EF. Hot food will be available from 6.30pm, please arrive in time to allow registration before the 7.15pm start time. Sign up here [13/02/25](#).

The pre-workshop preparation for this event will be sent to you on registering for the event.

If you have any queries about the events, please let us know.

Services



Reminder – Sussex Community Pharmacy Locally Commissioned Service (LCS) for Supply of Oral Antiviral Medication for the Treatment of COVID-19 and Management of Influenza.

As England is now officially in flu season, we are reminding colleagues of the NHS Sussex Locally Commissioned Service (LCS) for Supply of Oral Antiviral Medication for the Treatment of COVID-19 and Management of Influenza.

The service ensures that eligible non-hospitalised patients in Sussex who are prescribed COVID-19 or influenza antivirals can urgently obtain their prescription from their closest participating community pharmacy when it cannot be obtained in a timely manner by their usual pharmacy.

The list of community pharmacies commissioned to provide this service is attached and hosted on the NHS Sussex intranet [here](#) (you will need to register to access).

The listed pharmacies hold stock of the following antiviral medicines:

- Oseltamivir capsules 30mg, 45mg & 75mg
 - Oseltamivir oral suspension 6mg/ml
 - Molnupiravir capsules 200mg
 - Nirmatrelvir/Ritonavir tablets 150/100mg
-



East Sussex Stop Smoking Service

East Sussex County Council have launched a short survey on 'What do you think about stop smoking support being available at pharmacies?' for local residents.

Feedback will help East Sussex County Council understand:

- People's awareness of stop smoking support being available at pharmacies
- How easy people have, or would find it, to get to their local pharmacy for stop smoking support
- What parts of the stop smoking support at pharmacies people find most motivating to try to stop smoking

The survey can be found [here](#) and runs until the 24th of January.

Training



Sussex Change Grow Live CORE MAT Progress Meeting - Wednesday 29th January 2025 7-8pm

Change Grow Live will be undertaking a CORE MAT Service progress meeting.

The short meeting will provide an update on how the service is being taken up across East and West Sussex. CGL will review the individual components of the service, provide advice and support with any questions you may have

Please sign up [here](#).

We look forward to seeing you on the day.



Trauma Informed Practice Webinar Tuesday 28th January 7-8pm

This one-hour training session will provide pharmacy colleagues with the fundamentals of Trauma-Informed Practice and how to apply it in a community pharmacy setting.

The session will explore the following topics:

- What is Trauma-Informed Practice?
- Why is it important for Community Pharmacy to be Trauma-Informed?
- Key principles of Trauma-Informed Practice
- Applying Trauma-Informed Practice in Community Pharmacy
- Evidence for Implementing Trauma-Informed Practice in Healthcare in the UK
- Promoting Trauma-Informed Practice in your Pharmacy
- Vicarious Trauma in Healthcare
- Trauma-Informed Practice Resources

Please [click here](#) to sign up.



Surrey NHS Healthchecks - A MECC approach to smoking - free training - various dates

As professionals who deliver the NHS Health Check programme in Surrey, Surrey County Council are inviting you to attend a free training session to enhance your understanding, skills and knowledge to supporting patients to quit smoking. As you are aware, the NHS Health Check provides a vital opportunity to provide extended brief advice to people who smoke to encourage them to start their journey to a smokefree life.

Surrey County Council encourage all staff who are delivering NHS Health Checks to

attend this training.

For further details, please see [here](#).

Newsletters

To read the latest edition of the NHSE Primary Care Newsletter click [here](#).



To read the latest edition of the Frimley ICB Prescribing Newsletter click [here](#).

Additionally you may be interested in.....



South Downs Health and Care (SDHC) Webinar On Diagnosing Kidney Cancer Earlier in Sussex 24th January

Friday 24th January at 13:00 – 14:00, presenters are Neil Barber, Consultant Urological Surgeon & Hazel Johnson, Healthcare professional at Kidney Cancer UK, Nurse.

This webinar will delve into:

A patient case study – KCUK patient on their journey to diagnosis

How kidney cancer presents:

A primary care team perspective: Hazel & Alex

- Focusing on symptom recognition (early & late), tests/guidance, family history considerations & top tips for improving GP referrals

Secondary care & diagnostic referral: Neil Barber – Consultant Urological Surgeon

- Common diagnostic challenges
- Late vs earlier presentation (including comments on incidental finds with TLHC)
- Highlight key points advice/guidance

Microsoft Teams [Need help?](#)

[Join the meeting now](#)

Meeting ID: 329 495 446 500

Passcode: wf2yA2Dw



Sexual Health and Contraception Needs Assessment – Survey Now Live

Surrey County Council are undertaking a Sexual Health Needs Assessment, with a focus on sexual health services for both Sexually Transmitted Infections (STIs) and Contraception. This work will help us to deliver the best services we can to support the sexual health and contraception needs of all Surrey residents.

There has been a great response from healthcare professionals and now support is needed to engage residents. Views of Surrey residents via a separate confidential survey. Residents have the chance to enter a prize draw to win a £20 'Love2shop' voucher on completion of the survey, and the survey is available in Screen Reader accessible format, Easy Read, and large font. Please help us to hear the voices of all Surrey residents by publicising the residents survey. Please see the following attachments that you can use to promote the residents' survey:

- [Flyer with link/QR code to survey](#)
- [Poster with link/QR code to survey](#)
- [Written information sheet with link/QR code to survey](#)
- Social media assets [1](#), [2](#), [3](#)
- [Suggested text to go alongside social media assets with link to survey](#)

If you have any questions, please contact JSNAfeedback@surreycc.gov.uk. Thank you in advance for your support in improving sexual health in Surrey.

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