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Newsletter

22/08/2024

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our Newsletter page for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

Quick Glance

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National Institute for Health and Care Research to build research capacity within the pharmacy profession.

LPC News

Vaccinations National Booking Service

We're providing systems that enable people to book appointments at sites across England.

NBS for flu vaccinations

Following the successful proof of concept in which community pharmacy contractors in the North West were able to upload seasonal flu appointment calendars onto the National Booking System (NBS), this Autumn this is being offering for the flu vaccination service to community pharmacies enabling the opportunity to use NBS and upload flu appointments for eligible patients to book.

If you would like to take up this offer, and you do not already have access to NBS as part of the COVID-19 vaccination service, please complete this form by the 1st September: [NBS flu Form](#). They require your pharmacy ODS code (code starting with F) and the name and secure email addresses of two pharmacy representatives who will be given access to NBS.

A secure email address must be from the authorised list available at the following link: [The secure email standard - NHS England Digital](#).

Following registration, you will be sent login details, training details and further information. Any queries can be directed to:

england.vacspolicyandcontracts@nhs.net.

The flu vaccination: who should have it and why (winter 2024 to 2025)

Leaflet to explain later start date of flu programme

UKHSA has published [a leaflet](#) to help explain to the public why the flu vaccine is being offered to eligible adults from October this year. Paper copies are available to order online.

As stated in the [flu letter](#), an October start date reflects JCVI advice that the flu vaccine effectiveness can wane over time in adults, so a later start date is preferable. The flu vaccine will continue to be offered to children and pregnant women from September.

Local Services



Brighton Healthy Living Pharmacies Locally Commissioned Service, We would like to introduce your first local health promotion campaign of 2024-25.

Did you know that cancer is the leading cause of death in Brighton & Hove in those aged under 75 years? Late-stage cancer diagnosis is higher for certain cancers among residents and one of these is ovarian cancer. In Brighton and Hove the incidence rate is higher than England but lower than our neighbours to the East and West. However, not only is the mortality rate higher than England and East and West Sussex, but also, 50% of ovarian cancers are diagnosed at stages 3 & 4.

Ovarian cancer often has non-specific symptoms that can also be overlooked as symptoms of other, less serious, conditions so people may delay attending their GP. Ovarian cancer is most frequently diagnosed in the 75-79 age group, with mortality highest in the 85–89-year-olds. Age, and being overweight or obese are the main risk factors. The four main symptoms include bloating, difficulty eating, abdominal or pelvic pain, and needing to wee more frequently.

The sooner ovarian cancer is detected, the easier it is to treat. Brighton and Hove Public Health would like HLP's to promote awareness of ovarian by displaying the materials they will send you and signposting people to further support if prompted. The following materials will arrive at the end of August in time for the beginning of the campaign, which is **Monday September 2nd**.

Target Ovarian Cancer A4 symptoms poster

Target Ovarian Cancer Tri-fold symptoms leaflet

Target Ovarian Cancer symptoms diary

About ovarian cancer - Ovacome

Signs and symptoms of ovarian cancer - Ovacome

Are you worried about cancer?

Cancer Care Journey Leaflet

Ovarian Cancer Group Support Leaflets (information on local support groups organised by MacMillan Horizon Centre)



Surrey Naloxone Locally Commissioned Service - Opportunity to promote and increase delivery on the 31st August for International Overdose Awareness day

On International Overdose Awareness Day (31 August), Surrey County Council's Public Health team will be highlighting the support available for people in Surrey and raising awareness of the availability of **Naloxone** as a lifesaving intervention.

Naloxone is an emergency antidote which can reverse the effects of overdose caused by opiates such as heroin, methadone, morphine, codeine and synthetic opioids. Synthetic opioids, such as nitazenes or fentanyl, are man-made drugs that mimic the effects of natural opioids such as opium or heroin. They are often sold as heroin, or mixed in with it, but they are in fact a synthetic opioid which is significantly stronger than heroin. This is incredibly dangerous and when taken at the same dosage as natural opioids the effects can be fatal.

Having seen the effects and devastation caused by synthetic opioids in areas within the United States, a national alert has been raised by the UK Government to prepare for an increase in the availability of synthetic opioids in Britain. The importance of being able to access and use Naloxone is particularly important at this time, and it is hoped that raising awareness of this life saving intervention in Surrey will make a positive contribution towards the prevention of drug related deaths.

Naloxone is available free of charge from a number of community services as well as some [pharmacies across Surrey](#).

Visit Healthy Surrey to find out more about the [free naloxone service](#) or contact us at lpc@communitypharmacys.co.uk if your pharmacy would like to offer the service.

Training



East Sussex Community Pharmacies - Stop Smoking Locally

Commissioned Service Webinar on Monday 16th September at 7pm

Community Pharmacy Surrey and Sussex are hosting this webinar with East Sussex County Council Public Health Commissioner, Casey Ingold, Health Improvement Specialist for Tobacco to support contractors to improve delivery of Smoking Cessation Locally Commissioned Service.

This webinar is aimed at those pharmacies who are commissioned or would like to sign up for the service.

Are you currently delivering stop smoking services in your pharmacy through the PHLA with East Sussex County Council? If the answer is no, would you like to find how you can and how we can support you to do this?

If the answer is yes, would you like to find out the bespoke support available to you and your colleagues in your pharmacy both face to face and online to maximise your stop smoking referrals and quits achieved and in turn the earning potential from this service through increased activity?

Please join us on **Monday the 16th of September at 7pm-8pm**

[Register here](#)



Varenicline – update your learning

Generic varenicline will soon be available in the UK after the proprietary version (Champix) was withdrawn in October 2021.

The generic version, simply called Varenicline:

- is nitrosamine-compliant
- remains on the British National Formulary
- has an unchanged Summary of Product Characteristics (SPC)
- will have limited supplies, and no starter packs, for the first couple of months

Please read the [briefing](#) that contains further information and a checklist of what to do to make sure that you and your colleagues are prepared. Most existing resources for Champix will apply to generic varenicline.

All existing PGDs have expired therefore commissioners will review and replace with updated versions in due course for the local stop smoking services.

The NHS Specialist Pharmacy Services (SPS) is currently in the process of developing a Patient Group Direction for varenicline, and for cytisine. As part of this process, the SPS is working with others (including national experts and organisation like the NCSCT, ASH and NHSE) to develop guidance on managing medicines affected by

quitting smoking. It is hoped that this guidance and the template PGDs will be published in the autumn. Please view more information on the [NCSCT](#) website.



*****save the date*** Palliative care Training webinar: End of Life care - Frimley ICB**

Mark your calendars for an opportunity to enhance your skills in compassionate care. Join on **September 23rd from 7:30-8:30pm** for NHS Frimley's End of Life Care training webinar, led by Palliative Care Consultant Cate Seaton-Jones from Phyllis Tuckwell Hospice.

The aim of this session is to empower you with the knowledge and tools to support patients at the end of their life and their carers.

Full agenda and webinar link coming soon—don't miss out on this invaluable training experience, please save the date!

Newsletters

To read the latest edition of the NHSE Primary Care Bulletin click [here](#).



Additionally you may be interested in.....



PrescQIPP for Sussex pharmacies

Sussex ICB subscribes to PrescQIPP, a Community Interest Company whose role is to help NHS organisations to improve medicines-related care to patients, through evidence-based resources, training and networks. This is done on a not-for-profit basis for the benefit of NHS patients and organisations.

Access is available to Community Pharmacy staff and provides:

- Numerous free resources from PrescQIPP upon registration
- The series of forthcoming webinars on Social Prescribing.

Information below details the benefits of registration and webinars.

[Subscriber benefits flyer](#)

[Webinar flyer](#)

[Moving from “What is the matter with you” to “what matters to you” - An introduction to Social Prescribing - National Academy Social Prescribing | NASP \(socialprescribingacademy.org.uk\).](#)

Surrey Heartlands ICB library services

Community pharmacy is able to access the library services provided by Surrey Heartlands ICB which can be useful to support training courses and development.

To support healthcare professionals from getting the most out of the library, training sessions are available.








Munch & Learn timetable September-December 2024

Your Evidence Librarian, Kerry Seelhoff, delivers 'Munch & Learn' training sessions to help you make the most of your library services and to support you with accessing and searching a variety of online resources relevant to your work. These bite-size sessions, delivered via MS Teams, last no more than 30 mins. **Email Kerry to book your place:** Kerry.Seelhoff@nhs.net

Alternatively we can deliver a session specifically for your team. Take a look at the [Library and Knowledge Services](#) webpages on the Surrey Training Hub for more information

Munch & Learn sessions

	<p>Evidence searching tips: pick up some tips on how and where to look for latest information and evidence.</p> <ul style="list-style-type: none"> • Wed 11 Sept 12.00-12.30 • Tues 5 Nov 12.30-1.00
	<p>Accessing and using electronic resources: discover the range of electronic resources, including e-books and e-journals that are freely available with an NHS OpenAthens account.</p> <ul style="list-style-type: none"> • Wed 4 Sept 12.00-12.30 • Thurs 17 Oct 12.00-12.30 • Tues 3 Dec 12.30-1.00
	<p>Reflective writing tips: learn some practical strategies to support your reflective writing and handy resources to develop your reflective writing skills.</p> <ul style="list-style-type: none"> • Tues 24 Sept 12.00-12.30 • Thurs 14 Nov 12.00-12.30
	<p>Academic writing: are you looking for support with academic writing? Then join us for some handy tips on how to plan, structure and write your academic essays.</p> <ul style="list-style-type: none"> • Wed 2 Oct 12.30-1.00 • Tues 26 Nov 12.00-12.30
	<p>Critical appraisal tips: refresh your critical appraisal skills and come away with some handy checklists to help you appraise different types of research.</p> <ul style="list-style-type: none"> • Wed 9 Oct 12.00-12.30 • Tues 10 Dec 12.00-12.30

Read and Learn with colleagues across Surrey Heartlands

Read and Learn



Read and Learn is a virtual reading group with a focus on leadership, management and compassionate care. The reading group is aimed at all staff across the Surrey Heartlands Health & Care Partnership to encourage informal sharing of ideas and facilitate networking across the partnership. To find out about our next virtual 'Read & Learn' (delivered by MS Teams) email laura.sims7@nhs.net or kerry.seelhoff@nhs.net.



Pharmacy Professionals Incubator, a three-year project supported by the National Institute for Health and Care Research to build research capacity within the pharmacy profession.

Research is a core part of NHS business to improve patient health outcomes and advance pharmacy professional roles, and despite pharmacy being the third largest healthcare profession, we are largely underrepresented in health services research. The Department of Health and Social Care's Future of UK Clinical Research Delivery: 2022 to 2025 implementation plan outlines how allied health professionals should be supported to develop a sustainable research-active workforce. Our aim is to develop a UK-wide strategy to help support and increase research engagement within the pharmacy profession.

They are looking for registered pharmacists and pharmacy technicians (excluding locum professionals) at all levels of research, including those that aren't currently research active. The focus groups will be held on the following evenings, and will last approximately 90 minutes;

Community: Tues 24th September 7pm-8.30pm

Primary Care: Wed 25th September 7pm-8.30pm

Hospital Focus Group: 2nd October 7pm-8.30pm

Academia Focus Group: 3rd October 7pm-8.30pm

Participants will receive a £50 voucher for their time. The following link will allow those interested to fill out an expression of interest should they want to participate.

The link for the Expression of Interest form can be found [here](#).

We've also attached a flyer [here](#).

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