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Newsletter

10/04/2024

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our Newsletter page for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

## LPC News



### **Last chance for FREE ENT Training for Surrey & Sussex Pharmacists!**

There will be a final CPPE Pharmacy First ENT clinical assessment session funded by CPSS which will run on Sunday the 14<sup>th</sup> of April at 9.30am. The venue is the Sandman Signature London Gatwick Hotel, 18-23 Tinsley Lane South, Crawley RH10 8XH.

**Please share these details with any regular locum pharmacists that you have.**

Please book using the following link as the training will not be advertised on the CPPE website: [ENT clinical assessment skills workshop Surrey/Sussex Tickets, Sun 14 Apr 2024 at 09:30 | Eventbrite](#)

Note places are limited to 60 so will be allocated on a first applied for basis.

[To book your space click here](#)

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## Local Services



### CPSS Service Guides

To support pharmacy contractors, we have updated our Essential Service guides, please [visit our website](#) for information, webinars, and checklists to help support you with service delivery.

Please read or print the guides to obtain information on what service are available in your locality, the training requirements, fees and contracting information.

- [Surrey Essential Guide to Services – Updated Mar 2024.](#)
- [West Sussex Essential Guide to Services – Updated Mar 2024.](#)
- [Brighton & Brighton & Hove Essential Guide to Services – Updated Mar 2024.](#)
- [East Sussex Essential Guide to Services – Updated Mar 2024.](#)

## Top Tips for delivering services

- Engage with the LPC – we are here to help and support you
  - Plan a date to complete the required training
  - Nominate a champion in your pharmacy who will lead on services
  - Create a folder for Locums so they can deliver services
  - Promote the services
  - Reach out to Public Health leads
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## Training



### Severe Mental Illness (SMI) Health Check awareness

Dr. Lindsay Hadley FRCGP, NHS Sussex lead for physical health checks for people with severe mental illness, led a training webinar on the 19<sup>th</sup> March to support our pharmacy teams to highlight Severe Mental Illness Healthchecks for this cohort of patients, the session covered why people with severe mental illness have such poor health outcomes and how the health check can make a difference, discussing how to spot signs of worsening mental health and what to do about it, how you can directly help to improve health outcomes for this vulnerable group of people, by sharing information and reassuring them about booking and attending an annual physical health check with their GP Practice.

If you missed the webinar and would like to watch on demand, please view [here](#).

**People with SMI** face stark health inequalities and **are less likely to have their physical health needs met**, both in terms of identification of physical health concerns and delivery of the appropriate, timely screening and treatment. Compared to the general population, individuals with SMI

- Face a **shorter life expectancy** by an average of 15–20 years.
- Are **three times more likely to smoke**.
- Are three-and-a-half times **more likely to lose all teeth**.
- Are at double the risk of **obesity and diabetes**, three times the risk of **hypertension and metabolic syndrome**, and five times the risk of **dyslipidaemia**
- **Recently published data showed that people with SMI were more likely to die of Covid**

There are resources on this [webpage](#), including a factsheet which we hope will act as a helpful “cribsheet” for professionals . We also have a printed postcard that the pharmacists can hand to a client which will be send to pharmacies directly.

Please view the postcard and factsheet below

- SMI Physical Health Checks [Factsheet to aid conversations – for professionals](#)
- SMI Physical Health Check [postcard for patients](#)

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## Newsletters

To read the latest edition of the NHSE Primary Care Bulletin click [here](#).



Additionally you may be interested in.....



**Launch of the Pharmacy Research Advisory Group, and the expression of interest process to join this group.**

In February 2024, NHS England published [‘Report of a UK survey of pharmacy professionals’ involvement in research’](#). Supported by the four UK chief pharmaceutical officers, the report sets out recommendations to embed a research culture in pharmacy careers, develop a clinical academic pathway for pharmacy and provide a pipeline of pharmacy research leaders.

The recommendations are for all UK nations. and cover themes including research training, mentoring, engagement, and protected time. While these recommendations were developed to be as inclusive as possible, it is recognised that the pace and order of implementation may vary across the devolved administrations, to suit the national context.

Only a minority of pharmacy professionals are research-active, and they are under-represented in clinical research compared to other healthcare professionals.

It’s important that both pharmacists and pharmacy technicians have the opportunity to take part in research.

Applications are open until 17 April for expressions of interest from pharmacists and pharmacy technicians to join the Pharmacy Research Advisory Group (PRAG), a new group tasked with advising on the implementation of these recommendations, which will be co-chaired by David Webb, Chief Pharmaceutical Officer for England

and Professor Christine Bond, Emeritus Professor (Academic Primary Care),  
University of Aberdeen. To apply, please [complete this form](#).

David Webb said: "I welcome this report – it contains important recommendations to support the embedding of research at all stages of a pharmacy professional's career, as well as developing a pipeline of pharmacists and pharmacy technicians who can become research leaders. "I encourage colleagues to apply to join the PRAG, to help shape this important work".

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