



Community Pharmacy Surrey & Sussex

Newsletter

21/02/24

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our [Newsletter page](#) for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

LPC News



Sussex and Surrey LPC meeting

Sussex LPC and Surrey LPC held a joint meeting on the 8th of February. Invited guests included Shane Costigan, Regional Head of Pharmacy from NHSE Workforce, Training and Education Directorate to provide an update on the new foundation pharmacist training year in 2025/26 and James Wood, Director of Member and LPC Support from Community Pharmacy England to provide an update on their current and future work. The day also included:

Finalising the 2024/2025 Operating Plan for CPSS

Adopting a new Code of Conduct and Governance Framework

Discussion of the first week of Pharmacy First and other service provision

All our meeting dates, agendas and ratified minutes are available on our [website](#).

If you are a pharmacy contractor and would like to attend a LPC meeting as an observer, please contact us at lpc@communitypharmacyss.co.uk



Save the Date September 22nd – Community Pharmacy Surrey and Sussex Pharmacy Event

CPSS are running a Pharmacy Event on the 22nd of September at the East Sussex National for all pharmacy contractors and members of the pharmacy team. Hear

from speakers on the current news and future plans within community pharmacy and enjoy networking and catching up with colleagues over lunch.

Further details on the event will follow over the next few months, including the Awards Ceremony to celebrate the success of pharmacies and pharmacy team members who have delivered outstanding contributions over the last year.

Newsletters



To read the latest edition of the NHSE Primary Care Bulletin click [here](#).

Additionally you may be interested in.....

National Foundation Trainee Pharmacist Recruitment

Update from Workforce, Training and Education (WT&E) Directorate, NHS England: England Foundation Trainee Pharmacist Programme 2025/26 Course Provision

All Foundation Trainee Pharmacists (FTP) entering the programme in 2025 will have access to a core training offer provided by NHS England. After extensive stakeholder engagement across all sectors of practice via a series of workshops, it was determined that the NHS England offer should focus on supporting delivery of the learning outcomes in practice.

The full specification is still subject to further development, but NHS England have announced that this provision will cover the following:

- Induction Day to orientate trainees to the programme

- Establishment of communities of practice for trainees, to provide additional support to develop their prescribing practice (currently under exploration)
- Online learning materials to support delivery of the Learning Outcomes
- First Aid training

As this national offer applies to trainees across all sectors of practice, it should be noted that **it does not include training related to site-specific service provision.**

Therefore, it is expected that any training provision related to the specific needs of individual organisations or employers will continue to be provided by them, to ensure that trainee pharmacists offer safe and effective patient care.

Further updates and details of the 2025/26 offer, which will be called the NHS England FTP Training Provision, will be provided in due course.

New: Designated Supervisor Requirements for the 2025/26 Foundation Training Programme

Working with the GPhC, NHS England has developed principles for the role of Designated Supervisor that will be used from the 2025/26 training year. These principles are designed to support quality of education and ensure patient safety.

Learn more now: [Designated Supervisor Requirements for 2025/26 Foundation Training Programme](#)

This document is available to download from the website: [Implementing the Foundation Pharmacist Training Year 2025/26.](#)



Are you a community pharmacist looking for free support to deliver your clinical services?

If the answer is yes, sign up to PrescQIPP today. PrescQIPP is a Community Interest Company and operates on a not-for-profit basis for the benefit of NHS patients, commissioners and primary care clinicians. It is funded by the NHS for the NHS and receives no funding from the Pharmaceutical Industry for any of its resources.

Virtual Professional Groups that meet monthly/quarterly to network and share good practice, including:

- Medication Safety
- Antimicrobial stewardship
- Care homes
- Medication safety
- Nutrition
- Pharmacy technicians
- Polypharmacy and deprescribing Leadership at Lunch - A very popular webinar series on the fundamental aspects of effective leadership. Bulletins and web kits on a huge variety of clinical topics, such as pain, respiratory, anticoagulation, antimicrobial stewardship, polypharmacy and many more.

Masterclasses - Monthly clinical webinars, across a variety of key therapeutic areas and delivered by national experts in their field. Clinical and skills webinars covering topical issues, such as Inhaler technique, Reducing the inhaler carbon footprint and Electronic Repeat Dispensing. Can't make the time of the webinar - don't worry all are recorded and freely available on the website, so you can listen at a time that suits you.

Your Integrated Care Board already subscribes to PrescQIPP, which means you can access a vast range of evidence-based, quality assured resources absolutely free

Find out more by signing up to the [monthly newsletter](#) and registering your interest in a [welcome webinar](#).

Eating, drinking and ageing well

The association of UK dieticians produces a Eating, drinking and ageing well resource

This resource can support pharmacy teams to engage in health lifestyle advice with patients.

Having a nutrient-rich diet over the age of 65 is important for everyone, which means choosing foods with slightly more protein, calcium, folate (folic acid) and vitamin B12. The amount of carbohydrates, sugar, fibre, fat, and salt you need are likely to remain the same for younger adults.

Please download poster [here](#).

Methotrexate 10mg Tablets

Both Sussex ICB and Surrey Heartlands ICB are aiming to reduce all prescribing of 10mg methotrexate tablets due to the patient safety risks around them. The advice is that methotrexate 2.5mg tablets are the first line option and any deviation from this should be carefully considered. Methotrexate 10mg tablets are non-formulary across Sussex ICB. The prescribing and dispensing of both strengths has led to patients taking accidental overdoses. To avoid this, prescribers are asked to only prescribe multiples of methotrexate 2.5mg tablets. Patients should not be

prescribed (or dispensed) a combination of methotrexate strengths (2.5mg and 10mg).

Pharmacies should where possible query any prescription for 10mg tablets with the prescriber and check the patients understanding of their dose if 10mg tablets are to be dispensed.

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