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**Community
Pharmacy**
Surrey & Sussex

Newsletter

22/01/24

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex.

It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our [Newsletter page](#) for an archive of previous issues. Sign up to CPE to receive nationally significant news and guidance on national contracts.

LPC News



Pharmacy First

Reminder if any pharmacist or contractor has any questions on the service, please contact us at lpc@communitypharmacys.co.uk and we can arrange a meeting or time to speak to you.

Slides from the CPSS webinar run on the 24th January at 7.30pm are available on our website [here](#).

Training

The Community Pharmacy and University Hospitals Sussex (UHSX) launch of the Advanced Smoking Cessation Service on Tuesday 13th of February 7pm-8:30pm.



You are invited to attend the Community Pharmacy and University Hospitals Sussex (UHSX) launch of the advanced SCS service on Tuesday 13th February 7pm-8:30pm. Hosted by Community Pharmacy Surrey and Sussex with Guest speaker's Steve King NHS England SCS Implementation Team MLCSU, NHSE, EMIS and Hospital colleagues.

This service has been designed to enable NHS trusts to undertake a transfer of care on patient discharge, referring patients (where they consent) to a community pharmacy of their choice to continue their smoking cessation treatment, including providing medication and support as required.

This is open to all our community pharmacies across Surrey and Sussex to support our teams to understand the process.

Please sign up here



West Sussex Drug & Alcohol Wellbeing Network are hosting a number of online training sessions to increase awareness of signs and symptoms of an overdose and how to administer Naloxone.

Naloxone is a lifesaving medication that has saved the lives of thousands of people throughout the globe. Each session will last for approx. 2 hours. At the end of the session, you will be issued with a Naloxone kit and a certificate.

Date/Time

6th February 24 9.30-11.30 am

14th February 24 1.00-3.00 pm

5th March 24 9.30-11.00 am

21st March 24 1.00 – 3.00 pm

To book on to one of these sessions please email

WSNaloxone@cgl.org.uk

Spaces are limited for each session

Helping people with severe mental illness attend physical health checks webinar Tuesday the 19th of March at 7pm-8pm



Community Pharmacy Surrey and Sussex and NHS Sussex invite you to attend a bespoke webinar aimed to upskill you and your teams to support patients with severe mental illness.

The webinar aims to discuss how you can directly help to improve health outcomes for this vulnerable group of people, including sharing information and reassurance with them about booking and attending an annual physical health check with their GP Practice.

People with schizophrenia, bipolar disorder or other psychosis (severe mental illness) face a shorter life expectancy by an average of 15-20 years, mostly due

to deaths from cardiovascular disease, but also from COPD and liver disease.

We know that for many people with severe mental illness, their local pharmacist is a familiar and trusted individual who can advise on health matters.

Dr. Lindsay Hadley FRCGP, NHS Sussex lead for physical health checks for people with severe mental illness, will lead the session that will cover why people with severe mental illness have such poor health outcomes and how the health check can make a difference. She will also talk through how to spot signs of worsening mental health and what to do about it.

Join the webinar on 19 March 2024 at 7pm.

Please sign up here

Newsletters



To read the latest edition of the Frimley Primary Care Bulletin click [here](#).

Additionally you may be interested in.....



**CPPE Community pharmacy technician:
advancing your role programme.**

***If you have a Pharmacy Technician in your pharmacy
and you are you looking for a supportive programme
to develop their role in community pharmacy, please
read on.***

As you know the landscape in community pharmacy is changing. Community pharmacy is delivering an increasingly extended range of clinical services, and this will only continue. As services develop, roles will change and the skill mix of the team will be more effectively used.

CPPE is offering, The Community pharmacy technician: advancing your role programme which is open to community pharmacy technicians. This is a fully funded course that helps community pharmacy technicians develop the skills and confidence to deliver effective clinical services in community pharmacy.

For Pharmacy Technicians:

Developing clinical skills is a fantastic opportunity for you as a pharmacy technician. It's a way for you to create opportunities for your career and be ready for the future of community pharmacy. You can...

- Increase your clinical knowledge and clinical assessment skills
- Network with fellow pharmacy technicians who are at a similar point in their professional development
- Improve your confidence in being able to support people using your services and maximise the business potential of your workplace.
- Talk with an education supervisor to understand your individual needs so you can work through the programme at your own pace to meet your own needs.

If you want to know more about the programme, please click on ONE of the links below to register for the information session.

You only need to attend one session.

[7th February 24 12.30- 1pm](#)

[12th February 24 1pm- 1.30pm](#)

[12th February 24 7pm-7.30pm](#)

Please do let your pharmacy technician know about these information sessions. These information sessions are for pharmacy contractors and community pharmacy technicians.

Reminder – potential abuse of cyclizine tablets

Recently a patient has died who was suffering from anorexia and had a history of cyclizine abuse. The patient managed to purchase cyclizine from a community pharmacy and died as a result of cyclizine toxicity. There was a concern from the coroner that not all pharmacy staff are aware of the potential for abuse of cyclizine tablets.



Please check that all your pharmacy team are aware of the products which are available for sale within the pharmacy with a potential for abuse. The pharmacy may already have a recommendation in place that any requests for cyclizine tablets are dealt with by the pharmacist and if not, you may want to consider this moving forward.

[More information is available in the C+D article here](#)

**Kent Surrey Sussex
Academic Health Science
Network**

Heath Innovation KSS and Sussex Polypharmacy Community of Practice

The AHSN Polypharmacy Programme is supporting Sussex's health systems and primary care to identify patients at potential risk of harm due to multiple medications and encourage better conversations

about medicines. If you are a Sussex GP, pharmacist, geriatrician, nurse, AHP patient or patient rep with an interest in tackling polypharmacy then join colleagues online at the Community of Practice on **21st February 2024** to share learning and support one another.

Register via the Eventbrite link here

Trainee Pharmacist changes in 2025/26

New guidance on the change to the trainee pharmacist year in 2025/26 is available below.



Foundation Pharmacist Training Site

Requirements for 2025/26

Updated guidance has been published which you can find [here](#).

Prescribing Supervision and Assessment in the Foundation Trainee Pharmacist Programme from 2025/26

Updated guidance has been published which you can find [here](#).

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