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1st June 2023



**This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex. It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.**

**Visit our [Newsletter page](#) for an archive of previous issues.**

**[Sign up to PSNC](#) to receive nationally significant news and guidance on national contracts.**

## LPC News

### **Flu Vaccination Service 23/24**

The annual tripartite NHS flu vaccination program letter has been published today. A link to the PSNC news story on the matter, which includes a link to the letter, can be found [here](#).

Please review your flu vaccination orders in light of the vaccine recommendations.

### **MP Visit Bexhill PCN**

Marie Hockley, CPSS and Dr Suneeta Kochhar, CVD Clinical Lead for NHS Sussex recently met with Huw Merriman, MP to discuss the hypertension case-finding service within community pharmacy and working with the local GP Practices to

support referrals via AccuRx into the pharmacies.



## Local Services

### **Royal Sussex County Hospital FP10 prescriptions to increase**

Please see a message below from the Royal Sussex County Hospital who will be starting to send more patients out from the hospital with FP10 prescriptions rather than using their outpatient dispensing.

*Please note that an increased demand on specific items is expected following a transition to FP10 prescribing for selected cohorts of RSCH outpatients.*

*The Royal Sussex County Hospital has elected to transition selected RSCH outpatient activity to FP10 prescribing as an interim measure (est. 12 months) in response to service pressures. The selected areas include Ophthalmology / ENT / CED / Rheumatology / Obs & Gynae. It is expected that local pharmacies in particular may experience an increased demand and may wish to adjust stock holdings accordingly.*

An email listing the top lines likely to now be prescribed via a hospital FP10 have been sent by separate e-mail to Brighton pharmacy contractors. If you would like a copy of this list, please email [lpc@communitypharmacys.co.uk](mailto:lpc@communitypharmacys.co.uk).

### **NHS Sussex GP CPCS Survey**

NHS Sussex has developed a GP CPCS survey. It is a quick 5-minute survey to enable them to gather feedback on the service in Sussex. Please find the link [here](#). Thank-you for your support in completing this.

## **Training**

### **Your invite to the Brighton & Hove Community Pharmacy and Public Health Networking event on Tuesday 13th June 6.30-8.30pm at the Brighthelm Centre, Queens Rd, BN1 1YD.**

The purpose of the event is to recognise the hard work of community pharmacy teams in supporting the health and wellbeing of Brighton & Hove residents and to provide support for the Public Health Locally Commissioned Services. This is an opportunity to hear from expert speakers in the areas of sexual health, stop smoking and healthy lifestyles and to answer any questions you may have about the service specifications.

Other community and primary care providers have been invited to host stands at our Marketplace so there will also be an opportunity to network.

Best of all, they will be providing a hot buffet meal, provided by the famous Durban Curry Club – please see the menu below! (Please let us know any food allergies). We look forward to welcoming you to the Brighton & Hove Community Pharmacy and Public Health Networking event – to register for the event please click [here](#). For more information contact [publichealth@brighton-hove.gov.uk](mailto:publichealth@brighton-hove.gov.uk) or click [here](#).

#### Agenda

6.15 – 7.00pm Curry buffet and Market Place Networking

7.00- 7.10pm Set the scene/ Introductions

7.10 – 7.30pm Sexual Health and Contraception Service (EHC + chlamydia testing/treatment)

7.30 – 7.50pm Stop Smoking Session

7.50 – 8.05pm Alcohol Service

8.05pm – 8.20pm Healthy lifestyle Team sessions

8.20 – 8.30pm Q & A session

8.30pm End

Hot food buffet menu from the Durban Curry Club:

Starter: Wild garlic bhaji (gf) and potato & pea samosa (vg)

Main course: Butter chicken curry (gf) or Kashmiri aubergine curry (vg) (gf), pilau rice (vg) (gf), Paratha bread (vg), pickled salad (vg), wild garlic red lentil dhal

Dessert: Grilled spiced pineapples (vg) (gf), Gulab Jam with pomegranate and surtherfeni

### **Surrey County Council Stigma Online Training**

Stigma is a huge issue faced by the drug/alcohol using population and is often an inhibitor to people accessing treatment. SCC hope that by raising the awareness of stigma and the language used when supporting drug and alcohol users, that more people will seek the support they need, and that drug/alcohol-related harm (including overdose) is reduced.

Stigma Awareness training commissioned by SCC and run by the Scottish Drug Forum and there are a number of training dates and times available. The training consists of a half day session, provided virtually, which is free to participants.

This initiative is one of a number of several harm reduction approaches being launched on behalf of the Surrey Combating Drugs Partnership to reduce drug/alcohol-related harm in Surrey. Please see flyer [here](#) to book on the training.

**Newsletters**

To read the latest edition of the NHSE Primary Care Bulletin click [here](#).

**Additionally you might be interested in.....**

### **Local charity shining a spotlight on East Sussex carers, this Carers Week**

Do you know of a carer who looks after someone who couldn't manage without their help, or know someone who does? Caring for a relative, friend or neighbour, unpaid, is often referred to as being a carer. This Carers Week, local charity Care for the Carers is celebrating and supporting carers to have their voices heard and their needs recognised.

Carers Week is an annual national campaign to raise awareness of caring, highlight the challenges carers face and recognise the contribution they make to families and communities throughout the UK. The theme this year is 'Recognising and supporting carers in the community'. This year more events are being held locally than ever before, including a special "Carers' Voices" event.

Care for the Carers CEO, Jennifer Twist, explains: *"Caring can impact anyone, at any stage of their lives – but we often don't see ourselves as a carer, or know that there is support available. Carers Week is an ideal opportunity to share carers' experiences, and support them to have their voices heard. Carers make a huge difference to the lives of the people they support, and their help benefits our communities massively. But carers consistently report feeling overlooked and invisible, alongside juggling multiple responsibilities. By holding a big event during Carers Week, we want to shine a light on the amazing role carers have in our local community. We hope this campaign will reach as many people as possible – so that more carers know that there is support, available and no-one is left to care alone."*

On Saturday 10th of June, Care for the Carers is hosting, 'Celebrating Unpaid Carers- Celebrating Diversity' at the Isabel Blackman Centre on Winding Street, Hastings. Carers from all communities across East Sussex are welcome to drop in and find out more about the support available, as well as enjoy some tasty food and have some time out. Head down there between 11am and 2pm. Other events and

activities include a theatre trip afternoon tea, wellbeing walk for carers of people with severe mental illness and carers groups celebrating the week. They are also running a taster sports day for young carers, in Hastings, in partnership with Active Hastings.

You can find out more at [www.cftc.org.uk/carersweek2023](http://www.cftc.org.uk/carersweek2023) , where you will also find some simple ways to show your support.

If you know carer who supports someone who couldn't manage without their support, and would like to know what help is available they can contact the charity on 01323 738390 or email [info@cftc.org.uk](mailto:info@cftc.org.uk).

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### **New Childhood Immunisations campaign in West Sussex**

There has been a slow decline in childhood immunisations in West Sussex over the past two years and so West Sussex County Council is launching a new Childhood Immunisations awareness campaign on the 1st of June and would like to ask for your help in promoting it to those you work with.

The campaign aims to raise awareness about the importance of childhood vaccination and to encourage parents to catch up on any vaccinations their children might have missed. Please help spread the messages below via your communication channels and signpost families to the campaign page and other websites below for further information.

Routine vaccinations play a huge part in protecting children, families, and the community against unpleasant and often serious diseases and it's important that children get vaccinated when they are invited to do so.

Ensuring a child has their vaccinations at the right time gives them the best protection, but the good news is it's never too late to catch up on any vaccinations a child has missed.

If the parent/carer is not sure whether the child has had all their vaccines for their age:

- Check the child's RED BOOK
-

- Ask your health visitor
- Contact your GP practice

If the parent/carer thinks the child has missed any of their vaccinations, need to change a vaccination appointment or not sure if the child is up to date with their vaccinations, the parent/carer should contact their GP practice.

Find out more about childhood vaccinations at: [www.westsussex.gov.uk/childhood-immunisations](http://www.westsussex.gov.uk/childhood-immunisations).

- [Vaccinations & Newborn Screening Tests | Baby | Start for Life \(www.nhs.uk\)](http://www.nhs.uk)
- [Vaccinations & immunisations | Toddler | Start for Life \(www.nhs.uk\)](http://www.nhs.uk)

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Our mailing address is [LPC@communitypharmacys.co.uk](mailto:LPC@communitypharmacys.co.uk)

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**Community Pharmacy Surrey and Sussex**

on behalf of East Sussex, West Sussex and Surrey Local Pharmaceutical Committees