

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex. It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our <u>Newsletter page</u> for an archive of previous issues. <u>Sign up to PSNC</u> to receive nationally significant news and guidance on national contracts.



Happy holidays.

We hope you all have time for a break over the festive season. Our newsletters will take a break for 2 weeks unless there is any urgent news.

**LPC News** 

We hope that you will all be able to have some time off over the festive period, with friends and family, and hope you will get a chance to relax and recharge away from the intense pressure within community pharmacy that everyone is experiencing. We will be here over the the holiday period if you need us. *Your CPSS team* 

#### Seasonal Opening hours

The opening hours across Surrey and Sussex will shortly be made available by NHSE. Once these are circulated they will be on our website <u>here</u>.

### Mandated Better Health adult obesity health campaign

Following discussions with the Pharmaceutical Services Negotiating Committee it has been agreed to support the Department of Health and Social Care's Better Health adult obesity campaign as a mandated campaign. The campaign will run from **Tuesday 3 January to Sunday 29 January 2023**.

January is a key calendar moment for people looking to reset and reach their weight loss goals.

Obesity is a major risk factor for diseases like type 2 diabetes and cancer, but your pharmacy team can help people to the appropriate weight management support. Pharmacies taking part in the Pharmacy Quality Scheme can use this campaign as a starting point for further adult weight management interventions.

The activation guide <u>here</u> gives further information on how you can support the campaign.

We would encourage all pharmacies to use the free digital resources available on the <u>Campaign Resource Centre</u> to support this campaign. If you are unable to use digital resources, free printed posters and info cards can be ordered through the <u>Campaign Resource Centre</u>.

### Newsletters

To read the latest edition of the NHSE Primary Care Bulletin click <u>here</u>. To read the latest HEE IETP update click <u>here</u>.

Additionally you might be interested in.....

## Surrey Heartlands Diabetic Blood Glucose Strip Formulary

Surrey Heartlands have updated their diabetic blood glucose testing strip formulary which can be found here.

#### Manufacturer and Wholesaler Christmas Opening Hours

PSNC has created a summary of manufacturers and wholesalers' customer service desk opening hours over the Christmas period and collated links to information on the order cut off/delivery schedules during this period. Available <u>here.</u>

#### **NHS-funded library collection**

Did you know that you can secure free access to a range of high-quality digital resources? The extensive NHS-funded library collection includes e-books, journals, clinical decision support, study aids, databases and more. All you need is an NHS OpenAthens account. The account is available to all trainee and registered pharmacists and pharmacy technicians.

Watch the <u>'how to register' video</u> or go to our <u>Trainee Pharmacist Learning Resources</u> <u>Library / Open Athens</u> for the full lowdown. <u>Sign up for your free account</u>.

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on behalf of East Sussex, West Sussex and Surrey Local Pharmaceutical Committees