

This LPC newsletter is for community pharmacy contractors, managers and team members in Surrey and Sussex. It contains local information and local news items, local diary dates and other local topics to help effectively manage NHS and locally commissioned contracts.

Visit our [Newsletter page](#) for an archive of previous issues. [Sign up to PSNC](#) to receive nationally significant news and guidance on national contracts.

LPC News

Antibiotic crushing guidance from Specialist Pharmacy Service (SPS)

In light of the current situation SPS has published their tablet crushing advice for antibiotics in children and tablet swallowing resources. [Using solid oral dosage form antibiotics in children – SPS - Specialist Pharmacy Service – The first stop for professional medicines advice.](#)

PQS

To support the pharmacy quality scheme the LPC has opened bookable slots to support contractors with elements of the scheme. If you would like to book support, please email LPC@communitypharmacyss.co.uk.

The next available dates are:

15th December

6th January

11th January

Newsletters

To read the latest edition of the NHSE Primary Care Bulletin click [here](#).

Additionally you might be interested in.....

Non-Medical Prescriber study day

First Community Health and Care are holding a one-day event on the 30th of January 2023, designed for prescribers and anyone about to start their prescribing course, their mentors, and managers. The information shared will help practitioners develop and maintain a safe and effective prescribing practice. For more information click on the flyer [here](#) and to book your place click [here](#). The event is open to all prescribers, and it is free to attend.

Influenza season 2022/23: Use of antiviral medicines in England

UKHSA surveillance data indicates that influenza is circulating in the community. Prescribers working in primary care may now prescribe, and community pharmacists may now supply antiviral medicines (oseltamivir and zanamivir) for the prophylaxis and treatment of influenza at NHS expense. Antiviral medicines may be prescribed for patients in clinical at-risk groups as well as anyone at risk of severe illness and/or complications from influenza if not treated. Further information can be found on the [CAS website](#).

NHSE Looking after you

The NHS England Looking After You programme was developed in April 2020, in recognition that frontline primary care colleagues involved in the delivery of primary care services were facing many challenges – and continue to do so. This coaching support is available to all clinical and non-clinical primary care staff either employed by the NHS or contracted to deliver work on behalf of the NHS. The programme comprises of four coaching offers: Looking After You Too (which also includes a service for ethnically diverse colleagues), Looking After Your Team and Looking

After Your Career, supporting psychological wellbeing, team development and career conversations. To download the “Looking after you” poster click [here](#). To download the “Looking after you” toolkit click [here](#).

Pan-Sussex specialist infant formula prescribing guidance

This [guidance](#) has been agreed for use across NHS Sussex, and is available on the Brighton & Hove, Crawley, Horsham and Mid Sussex, Coastal West Sussex, and East Sussex formularies.

The update aims to:

- Provide more advice to help support continued breastfeeding
- Give easy access to information and resources about Infant Feeding and Specialist Infant Formula
- Help ensure guidance and care is consistent across the whole of Sussex

There are three documents available:

1. [Guidance for prescribing specialist infant formula for cow’s milk allergy](#)
2. [Guidance for prescribing high energy formula for faltering growth and pre-term formula](#)
3. [Guidance for specialist infant formula and thickening powder available to purchase OTC](#)

As well as additional resources to help with the management of cow’s milk allergy in infants.

AeroChamber Plus educational material

Trudell have produced the anti-static AeroChamber Plus* Flow-Vu*poster [here](#) which educates pharmacy teams on the different types of spacers. If you would like to find out more, please contact Simran Chahal SChahal@trudellmedical.co.uk.

Xonvea educational material

Xonvea is a new licensed medicine indicated for the treatment of nausea and vomiting of pregnancy in women aged 18 years or over who do not respond to conservative management. The active ingredients are 10 mg doxylamine succinate /

10 mg pyridoxine hydrochloride in the form of a gastro-resistant tablets. If you would like to learn more about this medicine please click [here](#).

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Community Pharmacy Surrey and Sussex

on behalf of East Sussex, West Sussex and Surrey Local Pharmaceutical Committees