

CPPE resources to support the Hypertension case-finding service

The Hypertension case-finding advanced service has two stages. Stage one involves pharmacists identifying people at risk of hypertension and offering them blood pressure monitoring. In the second stage, where clinically indicated, pharmacists offer 24-hour ambulatory blood pressure monitoring (ABPM). The blood pressure test results will then be shared with the patient's GP to inform a potential diagnosis of hypertension. This service also supports the work that general practices and wider Primary Care Network (PCN) teams will be undertaking on CVD prevention and management.

Hypertension case finding service webpage

The CPPE website has a dedicated page to provide support for pharmacy teams preparing to deliver the [Hypertension case finding service](#);

You will find an outline of the training requirements for the service, as described in the service specification, and signposting to a selection of further learning resources that you can use to support your delivery of this service.

Self-assessment framework

Depending on your existing level of knowledge and experience, you may wish to undertake further learning. To help you to direct your learning, we have developed a self-assessment framework – completing this framework is **not a requirement**, however it can be used as a tool to help you direct your own learning. Once you have completed the self-assessment, you can visit the topic area(s), listed below, which are relevant to your personal learning needs.

- Understanding hypertension and measuring blood pressure
- Understanding vascular risk
- Behaviour change interventions

Further resources include the following;

CPPE *Vascular risk and the NHS health check programme* e-learning

CPPE *Hypertension* fact sheet

CPPE *Cardiovascular* fact sheet

Hypertension focal point workshops

A number of online Hypertension workshops are currently available. This learning programme aims to enable you to interpret and apply clinical guidance to support people with hypertension. You will consider how to optimise their treatment and use a shared decision-making approach to empower people with hypertension to self-manage their condition.

Further information and workshop dates can be accessed via the link below;

<https://www.cppe.ac.uk/programmes/l/hyper-ew-01>